

<p><b>IDL and others home learning WEEK 12</b></p> <p><b>It is our last week of term! Well done for all your hard work in home learning. We are going to be looking back at P4 and forward to P5 for our class chat this week which will be on Friday. As always – just complete the activities you feel suit you and your family circumstances.</b></p> <p><b>There will not be an assignment for IDL this week – please use the channels to share your work and progress in the last week of term – and try to comment and say hello to others as well. It’s your last chance before the holidays!</b></p>	
<p>Topic – Castle myths and legends</p> <p>LI: Research and explore historical stories</p>	<p>Have you heard of any castle ghosts? Would you be scared or would you like to meet one? This week we’d like you to share any ghost stories on the <b>IDL channel</b>. You could create a powerpoint or a short video or draw a picture of your spooky castle story! You may have come across some stories already – or you could use this site and others to find out more!</p> <p><a href="https://www.nts.org.uk/stories/scottish-ghost-stories-witches-murder-and-folklore-part-2">https://www.nts.org.uk/stories/scottish-ghost-stories-witches-murder-and-folklore-part-2</a>  <a href="http://www.beachcottageinverness.co.uk/the-top-four-haunted-castles-in-scotland">http://www.beachcottageinverness.co.uk/the-top-four-haunted-castles-in-scotland</a>  <a href="https://www.visitscotland.com/blog/scotland/haunted-sites/">https://www.visitscotland.com/blog/scotland/haunted-sites/</a></p> <p>Remember to comment on other people’s stories - peer assessment and feedback is important!</p>
<p>Health and Wellbeing</p> <p>LI: Know how to keep myself and others safe</p>	<p>We have been told that to keep ourselves and others safe we should stay 2 metres apart</p> <p>Have a look at the <b>What is 2 metres</b> overview. Try out some of the activities so you know how far 2 metres is.</p> <p>Post some of your activities in the <b>IDL channel</b></p>
<p>Health and wellbeing – Looking back, looking forward!</p> <p>LI: Consider my skills, abilities and emotions</p>	<p><b>Class Chat!</b></p> <p>In preparation for the class chat this week we’d like you to think about what has happened this year in P4 and what may happen next year in P5. Have a think about these questions:</p> <p>What are the 5 standout moments from P4 (this can be to do with experiences, learning or friends)  What have you got better at this year?  What are you most proud of?</p>

	<p>What has be the most difficult thing about P4?          What are you looking forward to in P5 (again this can be social, emotional or to do with your experience and learning next year)?          Have you got any concerns/worries?          What are you hoping to do in the summer holidays?</p> <p>You can post your answers to these questions on the <b>SPELLING channel</b> (as we don't have spelling this week) or you can discuss them in our class chat.</p> <p>We will also have a video transition tour of the school so you can say goodbye to your old classroom and have a look at your new one!</p> <p><b>P4A: Friday 26<sup>th</sup> June – 9.30am</b>  <b>P4B: Friday 26<sup>th</sup> June – 10am</b></p>
<p>Health Challenge</p> <p>LI: Develop stamina and fitness</p>	<p>You may want to sign up to this challenge as a family:</p> <p><b>Sustrans free 1k-a-day challenge</b></p> <p><b>Can you walk, run, cycle, skip, hop, jump 1 kilometre a day for a week?</b></p> <p><a href="https://www.sustrans.org.uk/campaigns/outside-in/outside-in-week-4/outside-in-week-4-challenge/">https://www.sustrans.org.uk/campaigns/outside-in/outside-in-week-4/outside-in-week-4-challenge/</a></p>
<p>Health and wellbeing</p> <p>LI: Explore aspects of health and wellbeing</p>	<p>Complete the wordsearch on <a href="https://www.twinkl.co.uk/go">https://www.twinkl.co.uk/go</a> about sun safety using the code GD8346. Do you know how to stay safe in the sun? You could create a poster about this.</p> <p>Have a look at the mindfulness presentation <b>Relaxing Scenes Animation</b> – enjoy a few minutes of calm. Can you stay still? Have a check in before and after – do you feel any different?</p> <p>You could create a glitter jar or explore some the other resources on the cosmic kids website as well <a href="https://www.cosmickids.com/mindfulness-activities-kids/">https://www.cosmickids.com/mindfulness-activities-kids/</a> Perhaps you could try some yoga in the garden? There are so many different videos you can try out here <a href="https://www.cosmickids.com/category/watch/">https://www.cosmickids.com/category/watch/</a></p>

PE – health and wellbeing	<p>As we are having a health focus for the last few weeks of term, have a look at the <b>LPS Sports challenge</b> sheet. Try out some of the activities and record your scores.</p> <p>Post your progress in the <b>Look what I've been up to channel</b> as you go!</p> <p>Or you could have a look at some of these activities if it's wet outside and give them a try!  <a href="https://www.nhs.uk/change4life/activities/indoor-activities">https://www.nhs.uk/change4life/activities/indoor-activities</a></p>
<p>Outdoor Learning – Science</p> <p>LI: Investigate the relationship between the sun and shadows</p>	<p><b>Create a sundial!</b></p> <p>Have a look at the presentation – Making a sundial</p> <p>You could make the link between our Roman Numerals learning and science by adding roman numerals to the sundial instead of numbers. Have a think about how this relates to our learning in angles as well!</p> <p>Post this in the <b>Look what I've been up to</b> or <b>IDL channel</b>.</p>
<p>Outdoor Learning - Science</p> <p>LI: Explore evaporation and condensation</p>	<p>Explore this resource and do the quiz <a href="https://www.bbc.co.uk/bitesize/topics/zkkg87h/articles/zydxmnb">https://www.bbc.co.uk/bitesize/topics/zkkg87h/articles/zydxmnb</a></p> <p>Use the activity sheet <b>Salty science</b> to create your own evaporation experiment outside.</p> <p>Post your findings in the <b>IDL channel</b></p>